

Occupational First Aid 5N1207 – QQI Award

Objectives

On completion of this course participants will be able to:

Provide necessary first aid assistance within the workplace,
Deal with emergency medical situations,
Implement essential lifesaving skills.

Course Content:

DAY 1

- Operation of an AED
 - What constitutes the basic elements of an AED
 - How an AED eliminates the need for training in ECG rhythm recognition
 - Why the proper use of an AED involves practising the following five elements
 - What constitutes an appropriate patient assessment before applying an AED
 - What is the function if performed by the AEDs rhythm analysis function
 - How AED models differ
 - The basic operation of all AED models
- Responsibilities of a first aider, assessment and initial reaction
- Diagnosis and principles of treatment
- The Nervous System
- Head Injuries
- Shock – Fainting
- Unconsciousness
- Patient Approach
- Examination of Casualty
- Recovery Position
- Asphyxia and its causes
- Cardio–pulmonary resuscitation practical
- Examination of the eye
- Treatment of foreign bodies and chemical splashes
- Poisoning

DAY 2

- Burns and Scalds
 - Corrosive injuries
 - Chemical splashes
 - Blood and the circulation
 - Wounds and bleeding
 - Control of bleeding
 - Dressings and bandages – application, including improvisation
 - Fractures – causes, types, signs and symptoms
 - Sprains, strains and dislocation
 - Crush injuries
 - General rules for treatment
 - Handling and transport, including improvisation
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- DAY 3
 - Dressing and bandaging fractures
 - Epilepsy, Asthma and Diabetes – definition, causes, treatment
 - Emergency First Aid Kits – contents
 - Revision – practical; any requested subject revised; questions;
 - Resuscitation
 - Examination – a practical incident to treat
 - Cardio-pulmonary resuscitation
 - Question paper
 - Bandages, slings and transport are introduced as appropriate and practised throughout the course

Methods of Training

The course is highly interactive with each theory session being followed by demonstration, practical tasks and assessment of individual skills.

Certification

Certificates are awarded to participants who are successful in the examination on the final day.

Successful Candidates will receive the new Level 5 Award through the normal QQI submission process, subject to external authentication.

All certificates are valid for 2 years after which time a 1 day refresher must be completed by all participants.

Participants: 10 maximum per course

Duration: 3 days per course

Contact: Jim 086 6090339 or Stephen 086 3816813

Email: info@rsma.ie