

Forklift Training–BEGINNERS

This three day course is **suitable for new drivers or drivers with very little experience and no certificate.**

All of our instructors are trained to the approved and accredited RTITB standard. These certificates are valid for 3 years.

Objectives

On completion of the course participants will be able to:

- Demonstrate safe operating skills
- Avoid danger to people and property
- List the key features of relevant legislation

Course Programme

- Operator's safety code
- Daily inspection
- Hydraulic systems
- Operating practices
- Controls and instruments
- Daily inspection, take-over and maintenance
- Starting, stopping and steering
- Simple corners and manoeuvring
- Operation of hydraulic controls
- Weight assessment
- Handling of pallets
- Manoeuvring in confined spaces
- Handling awkward loads
- Written test
- Skill tests

Participants: 4 maximum per course

Duration: 3 day course

Contact: Jim 086 6090339 or Stephen 086 3816813

Email: info@rsma.ie

Forklift Training for EXPERIENCED DRIVERS

This two day course is designed for **experienced operators who do not hold a certificate but do have experience driving the forklift truck.**

Certificates are awarded to participants who are successful in both the theoretical and practical tests. These certificates are valid for 3 years.

A confidential assessment on each operator's abilities is also provided to be kept on the employee's file. All of our instructors are trained to the approved and accredited RTITB standard.

Objectives

On completion of this course, participants will be able to:

- Operate a fork lift truck safely, reducing the risk of injury to operators and pedestrians
- Use safe operating habits
- Understand the potential consequences of their actions
- Load and unload safely
- Refuel/recharge fork lifts safely
- Handle awkward loads

Course Programme

- Introduction to course
- Introduction to truck
- Safe operating practices and safety video
- Elementary driving
- Explanation, demonstration and guided practice in the correct procedures to adopt when driving a fork lift truck
- Examination (written and practical)

Participants: 4 maximum per course

Duration: 2 day course

Contact: Jim 086 6090339 or Stephen 086 3816813

Email: info@rsma.ie

Forklift Refresher Training

This one day course is designed for experienced **operators who already hold a certificate** in forklift driving and their certificate needs to be refreshed. All of our instructors are trained to the approved and accredited RTITB standard. These certificates are valid for 3 years.

Objectives

On completion of this course, participants will be able to:

- List the key features of relevant legislation
- Rectify any bad habits
- Reinforce safe practice
- Display sharpened operating skills

Course Programme

- Safety Legislation
- Operator safety
- Operating practice
- Daily inspection
- Written test
- Practical competence test

Participants: 6 maximum per course

Duration: 1 day course

Contact: Jim 086 6090339 or Stephen 086 3816813

Email: info@rsma.ie